

## *LJ's Lunch Menu*

### *Starters & Snacks*

**Soup of the Day** €5.50  
Homemade Brown Bread (1,3,7,9)

**Thai Fish Cake** €8.00  
Breaded Fresh & Smoked Fish, Mashed Potato, Coriander & Chilli. Served with Fennel & Orange Salad, Tarragon & Aioli (1,3,4,7,9,12)

**Chicken Wings** €9.00  
BBQ or Hot Sauce with Blue Cheese Dip & Celery Sticks (3,7,8,9,10,11)

### *Sandwich Bar Classics*

**Croque Monsieur** €6.50  
Grilled Ham & Gruyère Cheese Toastie (1,3,7)

**Chicken Salad Sandwich** €5.50  
Served with Crisps & Salad (1,3,7)

**Reuben Sandwich** €6.50  
Braised Corned Beef, Sauerkraut, Swiss Cheese & Thousand Island Dressing

### *LJ's Lunch Specials*

**Wrap & Soup of the Day** (1,3,7,9) €11.00

**Joint of the Day** €15.50  
Served with Buttered Baby Potatoes & Honey Roast Vegetables (7,9,10,12)

### *Gourmet Sandwiches*

**Open Smoked Salmon & Tiger Prawn Sandwich** €9.00  
Glenmar Smoked Salmon & Poached Tiger Prawns on Buttered Home-Made Brown Bread with Crisp Caper, Gherkins & Baby Leaf Salad (1,3,4,7,10,12)

**Philly Steak Sandwich** €12.50  
Sirloin Steak Strips, Green Pepper & Onion Topped with Melted Cheddar Cheese on Crisp Ciabatta. Served with Chips & Salad (1,3,7,9,10,12)

**Club Sandwich** €11.00  
Grilled Chicken, Streaky Bacon, Tomato, Lettuce & Fried Egg on Floured Blaa Bap Bread. Served with Chips (1,3,7,10)

**Mango, Avocado & Feta Wrap** €11.00  
With Chips & Side Salad (1,3,7)

### *Mains*

**Bangers & Mash** €15.00  
Heaney Meats Extra Large Leek & Pork Sausage with Creamy Mashed Potato & Caramelised Onion Gravy (3,7,9,10)

**Beer Battered Cod & Chips** €16.00  
Lightly Battered Fresh Cod with Chips, Side Salad & Tartar Sauce (1,3,4,6,10)

### *Pasta Corner*

**Maccheroni Carnevale** €13.00  
Macaroni Pasta with Sundried Tomato, Baby Spinach & Creamy Cheese Sauce (1,3,7)

**Red Tail Prawn & Mussel Pappardelle** €15.00  
Red Tail Prawn & Mussel Pappardelle in Rich White Wine & Shallot Sauce with a Healthy Topping of Parmesan Cheese (1,2,3,4,7,14)

**Rigatoni all, Arrabbiata** €14.00  
With Baby Spinach, Herb Marinated Chicken, Chorizo Sausage & Mozzarella (1,3,7,10)

### *Salads*

**Caprese Salad** €7.50  
Layer's of Buffalo Mozzarella & Beef Tomato, Basil & Rocket Salad with Balsamic Reduction (7,12)

**Chicken Caesar Salad** €9.50  
Crisp Baby Gem, Bacon, Parmesan, Focaccia Crouton & Homemade Caesar Dressing (1,3,7,10,12)

**Super Food Salad** €8.00  
Bulger Wheat, Green Bean, Kidney Bean, Chickpea, Sweet Corn, Roast Butternut Squash & Balsamic Vinegar

**Add Chicken** €3.00

**Salmon Super Food** €12.00  
Smoked Salmon, Red Cabbage, Baby Spinach, Feta Cheese, Walnuts, Blueberry, Lime & Sesame Seed Dressing (4,7,9,11)

#### Allergens

1 : Cereals/Gluten 2: Crustaceans 3: Eggs 4: Peanuts 5 : Peanuts 6 : Soybeans 7: Milk 8: Nuts  
 9: Celery 10 : Mustard 11 : Sesame Seeds 12 : Sulphur Dioxides 13 : Lupin 14 : Molluscs