

## *LJ's Bar Food Menu*

(Available Evenings Mon-Fri & All Day Sunday)

### *Starters*

### *LJ's Bar Favourites*

**Soup of the Day** €5.50  
 Always Vegetarian served with Homemade Bread  
 (1,3,7,9)

**Thai Fish Cake** €8.00  
 Breaded Fresh & Smoked Fish, Mashed Potato Coriander &  
 Chillli . Served with Fennel & Orange Salad, Tarragon Aioli  
 (1,3,4,7,9,12)

**Sea Food Chowder** €9.00  
 Mix of Fresh & Smoked Fish in a Creamy White Wine Sauce  
 (1,2,4,14)

**Smoked Chicken & Mango Salad** €10.70  
 Smoked Chicken, Mango, Avocado, Streaky Bacon, Baby  
 Spinach, Walnuts & Honey Mustard Dressing (8,12)

**Caprese Salad** €7.50  
 Layers of Buffalo Mozzarella & Beef Tomato, Basil & Rocket  
 Salad with Balsamic Reduction (3,7)

**Jambalaya Balls** €9.00  
 Home-made Balls of Spiced Rice Ground Mince Beef & Tomato  
 served with Cajun Remoulade Dipping Sauce (1,3,7,10,12)

**Confit Duck Spring Roll** €9.00  
 Orange & Honey Reduction, Sundried Tomato & Mixed Baby  
 Leaves (1,3,7)

**Heated Garlic Prawn & Crab Claw Salad** €10.50  
 Atlantic Red Tail Prawn & Crab Claw served in a Poppadom  
 Cup with Mixed Baby Leaves, Roast Cherry Tomato & Citrus  
 Dressing (1,2,4,14)

**LJ's Chicken Wings** €9.00  
 BBQ or Hot Sauce or Honey & Orange Glaze with Blue Cheese  
 Sauce & Celery sticks (3,7,8,9,10,11)

### *Fresh Fish*

**Scampi and Chips** €18.00  
 Tempura Battered Red Tail Prawn served with Chips,  
 Tartar Sauce & Salad (1,2,4,7,14)

**Beer Battered Cod & Chips** €16.00  
 Lightly Battered Fresh Cod with Chips Side Salad  
 & Tartar Sauce (1,3,4,6,10)

**12oz Rib Eye Steak** €28.00  
 Served with Chips and Peppercorn Sauce (7,9,10)

**10oz Sirloin Steak** €22.00  
 Baby Potato & Creamed Leek Gratin, Creamed Mushroom  
 Sauce (7,9,10)

**LJ's Burger** €15.00  
 8oz Beef Burger with Crispy Breaded Onion Ring Pickle  
 Relish, Sweet Roast Red Pepper Rocket Lettuce & Blue  
 Cheese Served with House Cut Chips (1,3,7,10)

**Open 6oz Sirloin Steak Sandwich** €17.00  
 6oz Sirloin Steak on Ciabatta Bread Topped with  
 Sauerkraut & Swiss Cheese with House Fries & a Side of  
 Peppercorn Sauce (1,3,7,10,12)

**Cajun Turkey Steak Burger** €14.00  
 Lightly Spiced Turkey Fillet, Smoked Apple Wood Cheese,  
 Cranberry & Jalapeño Relish. Served with House Fries  
 (1,3,7,10)

**LJ's Korma**  
 Traditional Indian Dish . Light Flavoursome Almond Curry  
 Made with Tomato Paste & Plenty of Spice & Cream  
 (4,8,9,10,12)

**Lamb** €17.00  
**Vegetarian** €14.00

**Chicken Noodle Stir Fry** €15.00  
 Marinated Chicken, Crisp Vegetables, Egg Noodle, Sweet  
 Chillli & Lime Sauce (1,3,7,9)

**Maccheroni Carnevale** €13.00  
 Macaroni Pasta with Sundried Tomato, Baby Spinach &  
 Creamy Cheese Sauce (1,3,7)

**Red Tail Prawn & Mussel Pappardelle** €15.00  
 Red Tail Prawn & Mussel Pappardelle in Rich White Wine  
 & Shallot Sauce with a Healthy Topping of Parmesan  
 Cheese (1,2,3,4,7,14)

**Rigatoni all' Arrabbiata** €14.00  
 With Baby Spinach, Herb Marinated Chicken, Chorizo  
 Sausage & Mozzarella (1,3,7,10)

**Bangers & Mash** €15.00  
 Heaney Meats Extra Large Leek & Pork Sausage with  
 Creamy Mashed Potato, Caramelised Onion Gravy (3,7,9,10)

### Allergens

1 : Cereals/Gluten 2: Crustaceans 3: Eggs 4: Fish 5 : Peanuts 6 : Soybeans 7: Milk 8: Nuts  
 9: Celery 10 : Mustard 11 : Sesame Seeds 12 : Sulphur Dioxides 13 : Lupin 14 : Molluscs